



## KMC Dance & Gymnastics Covid-19 Guidelines

KMC has been open during the Covid-19 pandemic since June 8th. We follow guidelines set forth by the CDC, PA Department of Health, Restore Chester County, USA Gymnastics and the American Academy of Pediatrics. We are also a part of a large network for Gymnastics Clubs and Dance Studios that work together and share the latest news and protocols. As the situation is ever changing, we want to be up to date and do our best for our students, staff and families.

**KMC Dance will be offering Simultaneous IN-PERSON and VIRTUAL Class options**

**Class sizes will be strictly limited.**

There is the possibility that we will run classes on an "A/B" rotation to accommodate our dancer's needs.

### General INDOOR Social Dis-Dancing:

**Face Coverings** must always be worn to cover the nose and mouth by everyone upon arrival, while in the lobby and while in the studio training. We will offer "breathing & water breaks" as needed. Socially distanced, visual boxes (taped on the floor) will be used for students to easily maintain a safe distance apart from one another.

### ILLNESS:

- Please, do not come to the studio if you have a cough, fever or are sick.
- Please, do not come to the studio if you have tested positive, or have had COVID-like symptoms, within the past 14 days.
- \* Please, do not come to the studio if you had close contact with a person who has tested positive for COVID-19, or has had COVID-like symptoms, within the past 14 days.
- We reserve the right to take temperatures of anyone entering the studio using non-contact, infrared thermometers.
- Anyone with a temperature of 100.4 °F, or above, will be asked to go home.
  - Should a student begin feeling ill, we will call parent/guardian for immediate pick up. The student will immediately be removed from the studio & brought into our office space. The rest of the class will be excused to the lobby while we disinfect the room.

# INDOOR FACE COVER/SAFETY PRECAUTIONS -

## CLEANING PROCEDURES:

Face Covers must always be worn to cover the nose and mouth by everyone while INDOORS.

- All classes will be excused 5 minutes prior to ending time to allow a safe exit for students and the staff the opportunity to spray disinfect and wipe down the studio before the next class.
- Doors & windows will remain open for ventilation (weather permitting)
- There will be NO extra furniture or fixtures in the lobby.
- No parents/guests will be permitted into the building.

## STUDENT ARRIVAL / DROP OFF PROCEDURES:

- Arrive 10 mins early - no earlier, please
- We ask parents to please check temperatures before attending classes to reduce any potential exposure. We also ask that you assess their health status and keep your children home if they have any symptoms. If there is any possible exposure please have them stay home. Students can log onto the zoom link for their class, as to not miss any material.
- Dancers will have their temperature taken upon entering the studio.
- Dancers will hand-sanitize upon entrance and exit of every class
- Dancers are to wear a CLEAN face covering/mask. If wearing a cloth mask we encourage all students to bring a couple masks every day as dancers will be wearing them for prolonged amounts of time. (Ziplock baggies are suggested to hold your masks)
- Please make sure to wash your masks frequently/daily.
- Dancers will have a designated place to store their belongings. We ask that dancers only bring the bare minimum. Only bring into the studio what you will need for that night.
- KMC reserves the right to excuse dancers from class if face coverings/masks are not kept on properly over the nose and mouth.
- No parents, siblings or visitors allowed to enter the studio at this time.
- Restrooms will be for students and staff or for emergency use only. Restrooms will be sanitized by our office help after every use.

## STUDENT EXPECTATIONS:

- Students must come dressed and ready for class PRIOR to arriving at the studio. (Big kids this might mean you change in the car)
- Students cannot change clothing anywhere within the studio.
- Students must wear clean face coverings/masks.
- Students should bring the absolute minimum to/inside the studio.
- Students must bring their own water with a resealable lid. (LOTS OF IT)  
**Water fountains, vending machines, and student lounges will be closed.**
- Students with breaks between classes are asked, when able, to leave the studio & come back,
- If a student must stay at the studio between classes, we will have limited space in our lobbies.
- Students must abide by the marked social dis-DANCING areas.
- Students must hand-sanitize before and after every class.

# CLASS TIME PROCEDURES:

- Water & “breathing breaks” will be held as needed
- Class **may** be held outside weather/temperature/daylight permitting.
- No contact.
- No props
- Only teachers touch sound & technical equipment.
- Students will be assigned a safe social dis-DANCE area each day

## LOBBY

All parents / guardians must wait outside of the studio.

Everyone entering the studio must have their temperature taken and use hand sanitizer.

## RESTROOMS

- Students should use the restroom before coming into the studio.
- Students are NOT to use the restroom to change clothes.
- The restroom will be limited to students, faculty and staff only.
- The restroom, including the toilet, sink and door handles, will be cleaned after each use.

## DISMISSAL

All students will be escorted by a staff member to the “exit door” and walked outside to parents/guardians.

- Parents/Guardians/Driver - will park and wait by their car for dismissal
- Jennersville Location: Parents/Guardian will wait alongside the studio outside the TGP nursery.

***Thank you in advance for your cooperation with all the above policies & procedures!  
We are doing our best to navigate through all of the ever changing suggestions, rules, & regulations. We wish to provide a SAFE and fantastic Dis-DANCING experience to all our students and families! **THINGS are VERY LIKELY TO CHANGE..** Please stay up to date with all of our info thru email, Facebook, &/or Instagram.***

*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to serious illness or death. According to the CDC the elderly and those with underlying medical conditions are especially vulnerable. By attending KMC you voluntarily assume all risks related to the exposure of COVID-19.*