2026-2027 ~ Class Descriptions

PLEASE NOTE:

These class descriptions serve as a general guideline for student placement. Final class assignments are made at the discretion of our dance instructors and program director. Age, years of dance experience, individual skill level, technical ability, and social/emotional readiness are all considered.

PRESCHOOL CLASSES (Ages 3–5)

Preschool Ballet/Tap/Tumbling I

A 1-hour introductory class with approx. 25 minutes each of ballet and tap, and 10 minutes of tumbling. Dancers learn fundamental steps, classroom structure, and motor skills through a mix of movement, music, and imaginative play.

Preschool Ballet/Tap/Tumbling II

Similar structure to PS I, with a continued focus on building confidence, musicality, balance, and coordination. Dancers expand their vocabulary and improve control and technique.

Preschool Hip Hop

A fun and energetic intro to hip hop blended with creative movement and basic tumbling. Dancers develop musicality, rhythm, and strength while dancing to age-appropriate beats and learning through movement-based games.

TGP (The Growing Place) Dancers

We welcome all enrolled students of The Growing Place Childcare & Preschool to participate in our studio programming. We offer **complimentary pickup and drop-off** at our **Jennersville Studio only**.

👉 *If you'd like to use this service, please indicate this in the NOTES section during registration.*

KINDER CLASSES (Ages 5–6, entering Kindergarten)

Kinder Ballet/Tap

Dancers begin refining posture, technique, and body awareness while expanding their ballet and tap vocabulary. The structure of class starts to resemble that of a more formal class setting while still incorporating creativity and fun.

Kinder Hip Hop

This upbeat class explores foundational hip hop moves, strength-building activities, and age-appropriate combos with added fun and games to support expressive movement.

ELEMENTARY CLASSES (Ages 7-8, entering Grades 1–2)
INTERMEDIATE CLASSES (Ages 8-9, entering Grade 3)

Elementary I Ballet/Tap – 1st Grade
Continues foundational ballet and tap training while encouraging stronger technique, memory, and classroom etiquette.

Elementary II Ballet/Tap – 2nd Grade
Dancers begin learning more complex combinations and vocabulary, adapting to a more focused and performance-ready environment.

Elementary I/II Jazz – Grades 1–2
Combines stretching, jazz technique, and choreography to current music. Dancers learn isolations, combinations, and begin developing their stage presence.

Elementary I/II Hip Hop – Grades 1–2
This intro to hip hop builds from the roots of the style, emphasizing body control, strength, rhythm, musicality, and performance skills.

Elementary/Intermediate Lyrical – Grades 1–3
Lyrical blends ballet and jazz with expressive movement tied to the emotion of music. A beautiful foundation in storytelling through dance.

Elementary/Intermediate Breakin' – Grades 1-3
Open to B-Boys and B-Girls! Learn foundational breakin' skills such as freezes, footwork, and style in a fun and encouraging setting.

Elementary/Intermediate Theatre – Grades 1-3
For dancers ready to explore the world of musical theatre! A blend of acting, singing, and dancing, with fun theatre games and creative expression.

💡 Enrollment in ballet/tap or jazz is highly encouraged for well-rounded growth.

Intermediate Ballet/Tap - Grade 3
A more focused class that develops a deeper understanding of terminology and the art of dance performance.

Intermediate Jazz - Grade 3
Expands jazz movement vocabulary with a strong emphasis on choreography, expression, and performance.

Intermediate Hip Hop - Grade 3
This class challenges students with more intricate combos and drills while remaining grounded in hip hop foundations.

LEVELS 1–7 CLASSES

*Ages/Grade levels are **general guidelines**; placement is determined through evaluations.*

Level	Age / Grade
Level 7	Age 9-10 / 4th-5th grade
Level 6	Age 10–11 / 5th–6th grades
Level 5	Age 11–13 / 6th-7th grades
Level 4	Age 12–13 / 7th-8th grades
Level 3	Ages 13+ /Experience
Level 2	Ages 14+/Experience
Level 1	Ages 16+/Experience

CORE GENRES (Levels 1–7)

Ballet
A structured and disciplined class that includes barre, center, and across-the-floor work. Dancers focus on placement, alignment, strength, vocabulary, and artistry.
**** 2 ballet classes are required for Beginner Pointe & Pointe classes!!

Pre-Pointe For students in Levels 6 & 7 who meet age and technique requirements.
This class prepares the body for pointe shoes by building strength and alignment.

Beginner Pointe Open to Level 4/5 dancers.
This class may include students training in flats or pointe shoes and offers a gradual progression into full pointe work.
** Must be at least age 12 and enrolled in two weekly ballet classes.

Pointe For students in Levels 1–3 who are already dancing En Pointe.
Emphasis is on clean technique, strength, and performance readiness.
** Must be enrolled in AT LEAST two weekly ballet classes.

Tap
Classes build on tempo, rhythm, and musicality. Dancers progress through rhythm tap, theatrical styles, and choreography with a focus on clarity and performance.

Rhythm Tap
Explores musicality, syncopation, and improvisation with a focus on footwork, “Drillz and Skillz,” and across-the-floor combinations.

Jazz
High-energy classes that include stretching, technique, and performance-based choreography to contemporary and classic jazz music.

Dance Theatre
For students exploring the world of Broadway and musical performance. This fast-paced class focuses on performance, expression, and theatrical storytelling.
**** Enrollment in ballet, tap, and jazz is strongly encouraged.

Contemporary / Lyrical
Combines elements of ballet, modern, and jazz with emotional storytelling and grounded movement. Focused on texture, interpretation, and expressive technique.

HipHop
Explore the commercial world of hip hop dance — seen in music videos, concerts, and film — while building on foundational styles such as popping, locking, and freestyle. This class emphasizes musicality, dynamic choreography, and performance training. Dancers can expect intense conditioning and style development across a wide range of hip hop forms.

HipHop / Breakin'
Foundational footwork, freezes, and power moves taught in a safe, inclusive environment. Great for dancers looking to explore b-boy/b-girl culture.

Pom
Pom is a high-energy dance style characterized by sharp, precise arm motions, synchronized team formations, and the use of pom-poms. It is commonly performed in college dance team settings.

ADDITIONAL TECHNIQUE & CONDITIONING

Conditioning for Dancers
Enhance your overall strength, stamina, and endurance. This class targets core stability, coordination, and injury prevention for improved execution and alignment across all styles.

Jumps, Leaps, & Turns (J/L/T)
Enhance your overall strength, power, and flexibility in relation to jumps and leaps in dance. This class will also focus on turning technique applicable to all dance styles. Perfect for all dancers looking to improve their technique in jumps, leaps, and turns.

DANCE PERFORMANCE COMPANY & PRIVATE COACHING

DPC – Dance Performance Company Rehearsal
Reserved exclusively for members of our Dance Performance Company. Classes include technique, choreography, event prep, and company cleaning sessions.

Private Coaching
Available to National Ballet Competitors and dancers seeking one-on-one coaching. Appointments required through Mr. Joseph. Ideal for technical refinement, audition prep, or performance polishing.

ADULT CLASSES

Come dance in a supportive, judgment-free zone! Whether you're continuing your training, returning after years away or brand new to dance, these classes emphasize fun, movement, and community.

DANCING FRIENDS PROGRAM

For children with developmental challenges (including autism, Down syndrome, auditory/processing delays, and emotional or psychological needs).

- Limited to 8 students
- Paired with trained volunteer "buddies"
- Explores movement through song, dance, and play
- Helps build strength, mobility, and confidence
- Performance opportunities at *DelAWAREness* and *Year-End Recital*

BATON PROGRAM

Novice Twirlers – Preschool–Kindergarten
Intro to twirling, marching, and movement in a fun, 30-minute format.

Beginner Twirlers – Elementary / 1 year or less experience
Builds basic baton technique including tosses, finger twirls, and rolls.

Intermediate Twirlers – Elementary/Middle
Focus on 1- & 2-baton technique, body movement, props, and performance.

KMC DANCE EXTRAS

- Customizable Birthday Parties
- Private & Semi-Private Lessons Available

WE ARE EXCITED
TO DANCE LOUD & PROUD
WITH YOU!!